

Practice Bhajans

You can listen to the bhajan and learn how to sing it yourself. The words and their meaning are below along with the chords for harmonium accompaniment.

(Number 314 in Premananda Bhajan book)

Ātāḷē Nī Ammā Kāpavaḷē Nī Ammā
Dm C Dm C

Ammā Ammā Ammā Ammā Ammā Ammā
C Dm F C

solo: Ammā Ammā Ammā - Ammā - Ammā
Dm C Dm C Dm C

Shiva Shakti Rūpiṇī Ammā Ādi Shakti Nī Ammā
Dm C Dm Cmaj7 Dm

Ammā Ammā Ammā Ammā Ammā Ammā
C Dm F C Dm

solo: Ammā Ammā Ammā - Ammā - Ammā
Dm C Dm C Dm C

Mother, You are the divine One who protects us. Your form contains both Shiva and Shakti. You are the original energy, Ammā, our own Mother.